





**MAJOR CHANGES:** This bulletin replaces Bulletin No. Z-65, "Pregnant and Parenting Students," which is dated October 15, 2001, issued by the Division of Student Health and Human Services. It reaffirms District policy on protection of the educational rights of pregnant and parenting students and provides updated information and guidelines designed to further assure students' knowledge of their rights, protections and responsibilities.

**GUIDELINES:** The following guidelines apply.

**I. The Right to Equal Education and Full Participation**

**A. Enrollment and Participation**

Pregnant students or teen parents have the right to enroll in any school or program for which they would otherwise qualify at any stage of the pregnancy. They have the right to remain in their regular or current school program, including elementary or secondary schools, honors and magnet programs, special education and non-public school placements, alternative/options programs, migrant education, free and reduced lunch programs and services for English Learners, and any others for which they are otherwise qualified. This would also include participation in the following: graduation, awards, ceremonies; field trips; student clubs, councils, after-school activities, and any other school-related programs. Students cannot legally be expelled, suspended, or otherwise excluded from, or required to participate in school programs solely on the basis of their pregnancy-related conditions, or marital or parental status.

Pregnant and parenting students will also benefit from information about District and community resources, especially those that may assist them in gaining support and services to stay in school. For information about additional resources for pregnant and parenting students, please see the attachments to this bulletin.

**B. Students "Know Your Rights" Fact Sheet**

A fact sheet outlining educational rights, entitled "Know Your Rights: Pregnant and Parenting Students" has been developed to provide students with important information about their rights and their responsibility to continue attending school. (See Attachment A.) It covers students' rights and educational options and includes information about how to get help if students feel they are being treated unfairly.

When a school staff member becomes aware of a student's pregnancy or impending fatherhood, staff should make sure the student is made aware of her or his educational rights and informed of programs and services that may assist them.

**C. School Climate**

Pregnant and parenting students have the right to attend school in an



environment free of discrimination and harassment. Each school shall work collaboratively with the entire school community to create and maintain a school culture and climate where students feel welcome, safe, and respected.

**D. Reasonable Adjustments to Facilitate Full Participation**

Schools must treat pregnancy and related conditions as they treat any other medical condition. Health plans, medical benefits and related services and accommodations to facilitate full participation are to be provided to pregnant students in the same manner as these services are provided to students with any other “temporary disabilities.”

District schools and programs shall make reasonable adjustments to facilitate the equal access and full participation of pregnant and parenting students. Such adjustments, implemented on a case-by-case basis, may include, but are not limited to, the following:

- Providing hall passes for bathroom use as needed
- Scheduling classes in more accessible locations
- Allowing elevator access when needed and possible
- Allowing additional time for passing periods and nutrition and lunch
- Providing alternative activities in physical education programs when requested by the student and her medical provider
- Arranging for school-based independent study during an extended pregnancy-related medical absence
- Allowing scheduling flexibility whenever possible to enable full participation and reduce school absences due to medical concerns. Examples of such flexibility could include:
  - Facilitating track changes to minimize loss of school time and to provide access to childcare
  - Allowing students to remain in school when a change of school is a hardship (documentation may be required)
  - Allowing a reduced schedule of classes or contracts for a student with medical complications

**E. Conditions for Requiring a Licensed Healthcare Provider’s Written Permission for School Participation**

Schools may require a student to provide written permission from her licensed healthcare provider that she is physically and emotionally able to continue to participate in a school activity or program **only if such permission is also required** for other students’ health conditions or temporary disabilities requiring medical care. For example, a student who has been hospitalized due to childbirth may be required to submit a medical permission for re-entry to school if such permission is also required of a student who has been hospitalized for other types of medical treatment or conditions.



#### **F. Participation in Physical Education**

Pregnant and parenting students are entitled to participate in physical education and school sports on the same basis as other students. A school may ask a student to obtain certification of a licensed healthcare provider regarding her participation **only when** such certification is required of other students for other conditions requiring the attention of a licensed healthcare provider.

When students cannot meet the requirements of the regular physical education curriculum, schools must provide students with an alternative physical education curriculum. This alternative curriculum should be modified as needed to meet the demands of each student's health and physical limitations as defined by their licensed healthcare provider and should provide physical education credit.

### **II. Confidentiality and Disclosure of Pregnancy**

#### **A. Students' Rights to Confidentiality Regarding Pregnancy and Related Care**

Pregnant and parenting students have the right to have their health and personal information kept confidential. Information about students' pregnancies and related conditions should not appear in their cumulative or health record and cannot be used when they are being considered for educational or job opportunities, awards or scholarships. Personal information students share with licensed school personnel such as a school nurse, social worker, psychologist, or licensed counselor is confidential and should not appear in students' educational records.

School staff shall not discuss students' confidential information or communications without their permission. An exception to this rule of confidentiality includes, but is not limited to, a reasonable suspicion of child abuse or a clear and present danger to the health or safety of the student. In cases of suspected child abuse, staff members are required, as mandated reporters, to make a report to a Child Protection Agency, as outlined in the District's child abuse policy bulletin. This child abuse reporting responsibility DOES NOT include notifying students' parents or guardians of a pregnancy or related condition.

Please note that the pregnancy of a minor, in and of itself, may not warrant a suspected child abuse report, unless the pregnant student is age 13 or under and the partner is age 14 or older. Questions regarding child abuse reporting related to pregnant students should be directed to the appropriate Field Services attorney or the Teen Parent Unit.

In cases where students' parents or guardians are unaware of a pregnancy, students may be encouraged to involve their parents or guardians but may not be coerced or forced to do so.



**B. Students' Right to Consent to Confidential Medical Services**

Minors have a statutory right to consent to medical care related to pregnancy, pregnancy prevention, including contraceptive services, and other reproductive health services including pregnancy termination. This right applies to all youth and not just pregnant and parenting teens, and means that minors may receive confidential medical services as described above without the knowledge or consent of their parent or guardian. In addition, any written verification regarding confidential medical services shall not appear in students' school records and shall be kept in a separate confidential file.

In recognition of this right, the Education Code states that school authorities may excuse any pupil from school for the purpose of obtaining confidential medical services without the knowledge or consent of a parent or guardian. The information about the right to be excused from school for confidential medical services is provided to parents and guardians on the "Emergency Card" signed at the time of enrollment.

It is District policy that, "School authorities may excuse any pupil in grades 7-12 from the school for the purpose of obtaining confidential medical services without the consent of the parent or guardian." This policy also appears in the District's "Parent-Student Handbook." In addition, schools may NOT require that students obtain written parental permission prior to releasing students from school to receive confidential medical services and may NOT notify parents when students leave school to obtain such services.

**III. Attendance and Excused Absences**

**A. Attendance**

Every child between the ages of 6 and 18 has the right and the obligation to attend school. Pregnant and parenting students who are minors have the same obligation to meet compulsory school attendance laws as any other students. This attendance obligation applies to minor students regardless of their marital or parental status.

**B. Short Term Excused Absences**

Under the Education Code, absence from school for students' own illnesses or medical appointments during school hours is considered an excused absence. Students with excused absences such as pregnancy-related illnesses or the medical care of related conditions shall be treated like all other students with excused absences. Students shall also be considered excused when their absences are due to the illness or the medical appointment of a child for whom students are the custodial parents. Students with excused absences shall be allowed to complete all assignments and tests missed, or a reasonable equivalent of the work



missed, during the absence. Students shall be given full credit upon satisfactory completion of that work in a reasonable time period.

A school may require verification of appointments from pregnant students' licensed healthcare providers, or the licensed healthcare providers for students' children, if such verification is also required from students for other medically related absences. Any such oral or written verification, however, shall not appear in the student's school records and shall be kept in a separate confidential file.

**C. Extended Excused Absences/Leaves of Absence**

Students are entitled to an extended absence or leave of absence for reasons of pregnancy and related conditions. Schools shall not check out students who have been absent more than five days or adopt an "automatic drop" policy as a remedy to a prolonged absence without following District attendance policy as outlined in Bulletin 1287, "Student Attendance Policy," issued February 1, 2005.

Documentation from students' licensed healthcare providers may be required for verification of pregnancy and medically-related conditions if it is also required for all absences due to medical conditions. **A leave of absence may be for as long a period of time as deemed medically necessary by students' licensed healthcare providers.** At the conclusion of a leave, students must be reinstated at the school with the same status as before the leave began.

Every reasonable effort should be made to provide school-based independent study activities for students who are or will be absent for a significant period of time due to illness, including pregnancy-related illnesses, childbirth, and recovery. An independent study program at the home school may also be considered as a voluntary option for periods such as the last weeks of pregnancy. (See Bulletin No. M-128, "Guidelines for Independent Study Programs," issued May 31, 2001)

Written permissions from a licensed healthcare provider is required for readmission as it is required for readmission to school after all absences due to medical conditions. Students with excused absences must be allowed to complete all assignments and tests missed, or a reasonable equivalent of the work missed during their absence. Once work is satisfactorily completed within a reasonable time period, students must be given full credit.

In addition, students who meet the requirements of this section may not be denied privileges or the right to participate in any school activities due to their excused absence. For additional information about the District's attendance and absence policy, see Bulletin 1287, "Student Attendance Policy," issued February 1, 2005.



**NOTE: This policy regarding the handling of excused absences follows the mandates of both Title IX and the Education Code and supersedes any school-based attendance or other policies regarding allowable numbers of absences or ability to make up missed school work.**

**D. Referrals to Berenece Carlson Home/Hospital School Program**

The Berenece Carlson Home/Hospital School Program (Carlson) provides instructional services to meet the needs of students with serious, disabling medical illnesses or conditions that prevent their school attendance. *Pregnancy alone is not considered a serious, disabling condition preventing school attendance, and pregnant students are not generally eligible for Home/Hospital School Services.* However, referrals to the Carlson program may be indicated in cases of pregnancy or postpartum complicated by serious, disabling illnesses or medical conditions which prohibits a students' attendance in school or independent study. Referrals for the Carlson program may be made by the school nurse or by the principal's designee at sites without a school nurse, in consultation with students' licensed healthcare providers. Referrals will require medical documentation.

School site remedies should be fully explored by counseling and administrative staff before making referrals to Carlson. Pregnant students whose medical complications do not prohibit participation in independent study may be better able to continue their school progress through participation in an Independent Study program implemented at their current school or through programs such as City of Angels Independent Study.

For additional information, contact the Berenece Carlson Home/Hospital School Program.

**IV. Participation in Pregnant Minor Schools and Other Specialized Classes or Programs**

Pregnant students may elect to enroll in one of the District's Pregnant Minor Schools such as McAlister or Riley High Schools (McAlister or Riley). **Enrollment must be completely voluntary and students may not be denied access to their regular school programs.** Students choosing to attend McAlister or Riley should be provided with the "Know Your Rights: Pregnant and Parenting Students" fact sheet. (See Attachment A)

McAlister and Riley offer small campuses, a shortened day, and classes in child development, nutrition, health, childbirth education, and parenting for students in grades 6 through 12. Both schools have a full time nurse who visits each site (McAlister has five sites, and Riley has three). Food service



and transportation assistance (tokens or bus passes) are also provided. McAlister and Riley use an individualized instructional contract model providing core curriculum and selected electives with transferable credits. Students may enroll at any time of the school year.

Ramona High School (Ramona) also offers an education program that may be appropriate as it offers a small school setting for students, some of whom are pregnant and/or parenting. Ramona serves students in grades 7 through 12 and has on-campus child care. For contact information for McAlister, Riley, Ramona, or other District voluntary educational programs and options for pregnant and parenting students, see Attachment B.

Students' educational needs shall be carefully evaluated before transferring them to another school or program. When transfers occur close to the end of a semester or grading period, students should be assisted by a counselor or administrator in making arrangements to ensure that credits are not lost during the process. This is especially critical for students who are close to graduation and/or planning to attend college. Students should be informed that some college preparatory courses, honors classes, laboratory classes, and advanced placement courses may not be available at Pregnant Minor, Alternative, or Options Schools or Programs. If such classes are not available at the school site, staff members shall facilitate concurrent enrollment in a nearby school or an approved alternative educational setting, such as an adult school, skills center, occupational center, or community college.

Coursework and extracurricular activities offered to pregnant and parenting students in specialized programs must be comparable to those offered to non-pregnant or non-parenting students in the regular school program. In addition, students should be informed of their right to transfer back to their original school or program. Students completing credits required for graduation have the right to request participation in graduation and receipt of their diploma from their home (previous) school or they may choose to graduate and receive their diploma from McAlister, Riley, or Ramona Opportunity Schools.

**A. Enrollment in McAlister and Riley High Schools**

Elementary school students may be enrolled at the McAlister or Riley campuses on a case-by-case basis. Contact the principal of the school for assistance. All students, including elementary school students, have the same right to continued attendance at their regular school, and transfers to McAlister or Riley must be completely voluntary.

When transferring students to one of these schools, the school of attendance shall provide the students with the following items:

- A Pupil Accounting Report Form
- A copy of the immunization and health records so that appropriate health care services and referrals can be provided
- Transcripts



Parents/guardians must accompany minor students when enrolling them in a Pregnant Minor School, as must happen with enrollment at any other school. In addition, students will be required to provide a written confirmation of pregnancy, with due dates, from their licensed healthcare providers.

Pregnancy can be a difficult and stressful time for teens and their families. Support and collaboration of school staff are crucial elements in assuring on-going educational success. Every reasonable effort should be made by the sending and receiving schools to locate and assist students who do not complete the transfer process in a timely manner. These efforts might include, but are not limited to:

- Ensuring that the transfer has been completed.
- Making a referral to a school or Local District PSA Counselor to locate and assist students when transfers are not completed in a timely manner.
- Planning with students for their return.

**B. Additional Educational Options including Adult School Attendance**

The additional responsibilities of pregnancy and parenthood may make it difficult for some students to attend school due to limited childcare or work obligations. Educational programs providing shortened days or more flexible schedules may provide these students with valuable educational alternatives. Programs under the Educational Options Unit, Alternative Educational and Work Center (AWEC), or Community Adult School may offer alternative educational options for students who are unable to attend school full time.

Many Community Adult Schools offer afternoon or evening classes and have flexible independent study programs. Pregnant and parenting students who are minors have “adult status” for the purpose of adult school attendance and may enroll in adult education classes—even if they are not concurrently enrolled in any other District educational programs. (Education Code Sections 52610.5 and 41976)

AWEC drop out recovery program provides students with individualized educational and career technical training. It serves out-of-school youth who have experienced barriers to academic success and for whom independent study is an appropriate option. The program also offers flexible scheduling. There is no longer a minimum number of days that a student must be absent to be eligible to enroll in an AWEC program.

These alternative options should be fully discussed with counseling staff at both the home school and the alternative program to make sure they best meet students’ educational needs. (See Attachment B for additional information about these programs)



**V. The Caregiver Affidavit and Enrollment**

Using the Caregiver's Authorization Affidavit, students may be enrolled in school by relative or non-relative caregivers over age 18 with whom the students reside. Further explanation and a copy of the Caregiver's Authorization Affidavit for use in enrollment may be found in District policy bulletins: BUL-1570, "Enrollment of Homeless Children and Youth in Schools," issued March 14, 2005, and Bulletin No. Z-5, Revised, "Permits and Student Transfers," issued February 18, 2003. (See "Related Resources" Section)

Schools shall not prohibit enrollment to pregnant and parenting minor age students living with an adult relative or non-relative caregivers who have completed the affidavit.

**VI. Child Care and Case Management Resources for Teen Parents**

A select number of District school sites have infant centers or child care centers on campus. These child care programs are offered first to students enrolled at their regular school. Child care may be available to students from other school areas when there are openings for both the students and their children. The use of school-based child care is open to both teen fathers and teen mothers. (See Attachment B)

Support services such as case management, social services, referrals for benefits, and child care are vital resources for many pregnant and parenting students and can remove barriers to school attendance. Pregnant and parenting students residing within the LAUSD attendance areas can access the services of the following case management agencies: Altamed Youth Services, El Nido Family Centers, Project NATEEN, and the Southern California Youth and Family Center. The following home visitation programs also provide case management support: Nurse Family Partnership and the Public Health Nurse Perinatal Home Visitation Education Program. (See Attachments C and D for further information)

**VII. Guidelines for Responding to Discrimination or Harassment Complaints Concerning Pregnant Students or Teen Parents**

The District makes available the following grievance/complaint procedures for anyone who believes that the District is in violation of any of the regulations that pertain to pregnant and/or parenting teens which are set forth in Title IX and covered in this policy bulletin:

- Title IX Policy/Grievance Procedure  
Bulletin No. L-4, issued August 15, 2001, by the Office of the General Counsel.



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- Sexual Harassment Policy (Student-to-Student, Adult-to-Student, and Student-to-Adult), Bulletin No. BUL-1041, issued June 10, 2004, by the Office of the General Counsel.
- Uniform Complaint Procedures  
Memorandum issued annually to all schools and offices that describes the filing and investigation/resolution process to be used by anyone alleging that the District has practiced unlawful discrimination or failed to comply with state or federal laws governing its educational programs.

**AUTHORITY** This is the policy of the Superintendent of Schools. The following legal standards are applied:

Title IX of the Education Amendments of 1972, 20 U.S.C. §1681, et. seq.

Title IX Regulations, Title 34, Code of Regulations, Part 106

California Education Code, §200, §201, §220, §221.5, §230, §46010.1, §48200, §48205, §49061, §49602, §51222, and §51241

California Family Code, §6924, and §6925

California Penal Code, §11166

Title 5, California Code of Regulations, §4630

**RELATED RESOURCES:** Board Resolution, “To Enforce the Respectful Treatment of All Persons,” passed October 10, 1988

Bulletin No. L-4, “Title IX Policy/Grievance Procedure,” issued August 15, 2001, by the Office of the General Counsel

Bulletin No. BUL- 1041, “Sexual Harassment Policy (Student-to-Student, Adult-to-Student, and Student-to-Adult)” issued May 10, 2004, by the Office of the General Counsel

Bulletin No. BUL-1347, “Child Abuse and Neglect Reporting Requirements,” issued November 15, 2004, by the Office of the General Counsel

Bulletin No. Z-58, “Opportunity Transfers,” issued April 30, 1999, by Student Health and Human Services

Bulletin No. Z-5, Revised, “Permits and Student Transfers,” issued February 18, 2003, by Student Health and Human Services



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Bulletin No. M-22 (Rev.), "Homework and Makeup Assignments for School Absences in Grades 9-12," issued January 28, 2002, by Instructional Services

Bulletin No. BUL-1570, "Enrollment of Homeless Children and Youth in Schools," issued March 14, 2005, by Student Health and Human Services

"Uniform Complaint Procedures," Annual Memorandum issued by the Specially Funded & Parent/Community Programs Division

Bulletin No. BUL-1287, "Student Attendance Policy," issued February 1, 2005, by Student Health and Human Services

Bulletin No. BUL-1292, "Attendance Procedures For Elementary and Secondary Schools," issued February 1, 2005, by Student Health and Human Services

Bulletin No. M-28, "Guidelines for Independent Study Programs," issued May 31, 2001, by Educational Services

Bulletin No. Z-66, "Compliance on Services for Pregnant Minors and Parenting Minors," issued October 18, 2000, by the Office of the General Counsel

Websites

For related information regarding Teen Parents Educational Rights and Title IX, access:

<http://www/lausd.k12.ca.us/lausd/office/eec> (available to the general public and District students/employees)

<http://notebook.lausd.net> (available to District employees)

[http://cwlc.org/newsarticles/ppt\\_rights\\_ca.pdf](http://cwlc.org/newsarticles/ppt_rights_ca.pdf) (web site for California Women's Law Center PDF document on Model Policy for protecting Civil Rights of Pregnant and Parenting Students in California)

**ASSISTANCE:** For assistance or further information concerning pregnant or parenting teens and their educational rights, please contact a supervisor from one of the following District offices:

Local District Operations Coordinator  
Teen Parent Program Office, at (213) 763-7430  
Educational Equity Compliance Office, at (213) 241-7682



***KNOW YOUR RIGHTS: PREGNANT AND PARENTING STUDENTS***  
***Teen Parent Program/Educational Equity Compliance Office***

1. **As a pregnant student or teen parent you have the same right as any student to continue your education, and the same responsibility to attend school.**
2. **You have the right to stay at your current school.** You cannot be excluded from any school or program for which you qualify. This includes magnet, gifted, special education or any other schools or programs. You also have the right to participate in all school activities that may include: field trips, student council and clubs, after-school activities, graduation, awards and ceremonies, and all school related programs. You also have the right to participate in P.E. and school sports; however, you can arrange to modify or limit your participation if your licensed healthcare provider advises it.
3. **You have the right to be treated with respect and protected from discrimination and harassment.** All school staff has the responsibility to protect your rights and to assure that both staff and students treat you with respect. School staff members are not allowed to discriminate against you (treat you unfairly) because you are pregnant or are a teen parent—whether or not you are married. School staff must also take action to protect you against harassment or bullying by other students.
4. **You have a right to have your confidentiality respected.** Your health and personal information should be kept confidential, just like that of other students. Information about your pregnancy should not appear in your cumulative or other school records. It cannot be used against you when you apply or are considered for awards, scholarships, or educational and job opportunities. Personal information you share with a nurse, social worker, psychologist or licensed counselor is confidential and should not be shared with other people without your permission. An exception is made to this rule of confidentiality when there is concern that you or your child has been abused or is in danger. In this situation, school staff must make a child abuse report or follow other school district policy.
5. **You have a right to request that your school make reasonable adjustments to make sure you can participate in all school programs and activities.** These adjustments might include, but are not limited to:
  - Passes for bathroom use as needed
  - Additional time for class changes, nutrition, and lunch
  - School-based independent study when you are absent due to health related issues
  - Track changes to minimize absences due to childbirth and recovery
  - Track changes to permit use of school-based child care
  - Classes in more accessible locations



6. **Enrollment at McAlister or Riley High Schools, or any other program specially designed for pregnant or parenting students, must be completely voluntary on your part.** LAUSD has two alternative schools for pregnant students in grades 6-12, McAlister and Riley High Schools. You can get further information about these schools by talking to your school counselor or nurse or by calling McAlister High School at 213-381-2823 or Riley High School at 323-563-6692.

If you make the decision to transfer to one of these specialized schools, work with your school counselor to make sure that your grades or credits are not lost in the process. Also make sure that the new school has the classes that you need or can make an arrangement for you to get them. You have the right to return to your previous school. Make sure you are informed about when and how you can return. This is especially important if you are close to graduation.

7. **You have a right to excused absences for illness or medical appointments for yourself or your child.** Excused absences also include absences due to childbirth and recovery, miscarriage, or pregnancy termination. You may be asked to provide a note from your licensed healthcare provider if other students with absences are also required to do so. Keep a copy of all notes and documents in case you need them again. **As a pregnant student, you also have a right to an extended absence when you have your baby or for a pregnancy-related illness. The length of this absence is decided by your licensed healthcare provider based on your health needs. At the end of the absence, you must be allowed to return to school with the same status you had when you began the absence.**
8. **You must be allowed to make up work missed during an excused absence.** After an extended absence, you must be allowed a reasonable amount of time to make up assignments, missed exams or other work or be provided with a reasonable equivalent of work. Once the work is satisfactorily completed, you must be given full credit. It is best to plan ahead, whenever possible, for absences and making up missed work. Make arrangements with school staff as soon as possible and save all of your papers.
9. **Get the information and support you need to stay in school and graduate.** Your school counselor, nurse, PSA counselor and other school staff can provide information and support to help you continue your education. They have information about social services, including the Adolescent Family Life (Altamed Youth Services, El Nido Family Centers, Project NATEEN, and Youth and Family Center) and Cal-Learn Programs that are designed to assist pregnant and parenting teens. You can also contact the LAUSD Teen Parent Program for information about District and community programs at 213-763-7430.
10. **You have a right to get help if you feel you have been treated unfairly due to your pregnancy or parenting status.** First, take your concern to an administrator or to the Title IX Complaint Manager at your school site. If this does not solve the problem, you can speak with or submit your complaint in writing to the Title IX Complaint Manager at your Local District office. You can also call the District's Educational Equity Compliance Office at 213-241-7682 for further assistance. Your complaint should be handled in a timely manner and your rights and confidentiality should be respected. No one should threaten you because you make a complaint.



**CONOCE TUS DERECHOS: ALUMNAS EMBARAZADAS Y ALUMNOS  
QUE SON PADRES DE FAMILIA**

*Programa de Padres Adolescentes y la Oficina Encargada de la Equidad Educativa*

1. **Las alumnas embarazadas y los alumnos que son padres de familia tiene los mismos derechos que los demás alumnos de continuar su formación educativa y tienen la misma responsabilidad de asistir a la escuela.**
2. **Tienes el derecho de permanecer en tu escuela actual.** No se te puede excluir de ninguna escuela o programa para el que reúnes los requisitos, lo cual incluye a las escuelas magnet, a las escuelas para los alumnos dotados, a las escuelas de educación especial o a cualquier otra escuela o programa. También tienes el derecho de participar en todas las actividades escolares siguientes: excursiones escolares, consejos y clubs estudiantiles, actividades luego del horario regular de clases, graduación, premios y ceremonias y todos los programas relacionados con la escuela. También tienes el derecho de participar en educación física y deportes escolares, sin embargo, puedes elegir que se modifique o se limite tu participación si la persona titulada que te ofrecer atención médica lo recomienda.
3. **Tienes el derecho de que se te trate con respeto y que se proteja de la discriminación o el acoso.** Todo el personal de la escuela tiene la responsabilidad de proteger tus derechos y de asegurar que tanto el personal como los alumnos te traten con respeto. No se permite que los miembros del personal discriminen en tu contra (te traten injustamente) porque estás embarazada o eres un adolescente que es padre de familia; ya sea que estés o no casada. El personal de la escuela también debe tomar medidas para protegerte en contra del acoso o de la intimidación por parte de los otros alumnos.
4. **Tienes el derecho de que se respete tu información confidencial .** Se debe respetar el hecho de que la información sobre tu salud y tu información personal son confidenciales, al igual que dicha información sobre los demás alumnos. La información sobre tu embarazo no debe figurar en tu expediente académico integral ni en ningún otro registro escolar. Dicha información no se puede usar en tu contra cuando solicitas o se te considera para recibir un premio o una beca o cuando existe una oportunidad educativa o laboral. La información personal que compartes con la enfermera, la trabajador social, el psicólogo o un asesor titulado es confidencial y no se debe compartir con otras personas sin tu permiso. Se hará una excepción con respecto a esta norma de confidencialidad si existe la inquietud de que tu o tu hijo han sido abusados o corren el riesgo de ser abusados. Si fuera así, el personal de la escuela está obligado a presentar un informe sobre el abuso de un niño o a cumplir con las normas del distrito escolar.
5. **Tienes el derecho de solicitar que tu escuela haga los cambios razonables que aseguran que puedas participar en todos los programas y las actividades escolares.** Los siguientes son los cambios que se pueden hacer, sin embargo no se deben limitar a los mismos:
  - Pases para ir al baño conforme sea necesario
  - Tiempo adicional para ir de una a otra clase, para el refrigerio o el almuerzo
  - Estudios independientes con base en la escuela cuando te ausentas debido a problemas de salud
  - Cambiarte a otro ciclo escolar para que tengas la menor cantidad de ausencias debido al nacimiento de tu hijo y a la recuperación posterior
  - Cambiarte a otro ciclo escolar para poder utilizar la guardería del plantel educativo
  - Clases en sitios más accesibles



6. **La matriculación en la Escuela Preparatoria McAlister o Riley o en cualquier otro programa creado especialmente para las alumnas embarazadas o los alumnos que son padres de familia, es totalmente voluntaria.** El LAUSD tiene dos escuelas para las alumnas embarazadas del grado escolar 6 al 12: Las Escuelas Preparatorias McAlister y Riley. Puedes obtener información adicional sobre estas escuelas al hablar con tu asesor académico o con la enfermera o al llamar a la Escuela Preparatoria McAlister al (213) 381-2823 o a la Escuela Preparatoria Riley al (323) 563-6692.

Si tomas la decisión de transferirte a una de estas escuelas especializadas, colabora con tu asesor académico para asegurar que tus calificaciones o créditos académicos no se pierdan en el proceso. Además, asegúrate que la escuela nueva ofrezca las materias que necesitas o de que podrás hacer los arreglos necesarios para cursarlas. Tienes el derecho de regresar a tu escuela anterior. Asegúrate de estar informada acerca de cuándo y cómo puedes regresar. Esto es especialmente importante si estás a punto de graduarte.

7. **Tienes derecho de ausentarte con autorización si te enfermas o si tu o tu hijo tienen una cita médica.** Las ausencias por el nacimiento de tu hijo, por la recuperación luego de dar a luz, por el aborto natural o por dar por terminado un embarazo también son ausencias justificadas. Es posible que se exija que presentes una nota escrita por la persona titulada que te presta servicios de atención médica si se exige que los demás alumnos también tengan que presentar una nota. Archiva una copia de todas las notas y documentos en caso de que los necesites en un futuro. **Dado que eres una alumna embarazada, también tienes el derecho de faltar a la escuela por un plazo prolongado debido al nacimiento de tu hijo o debido a una enfermedad vinculada al embarazo. La persona titulada que te ofrece servicios de atención médica decidirá el tiempo que te ausentarás y dicha ausencia se basará en el problema de salud que padeces. Cuando ya no necesitas ausentarte de la escuela, se permitirá que regreses a la escuela y se te asignará al mismo nivel en el que estabas cuando la ausencia comenzó.**
8. **Se debe permitir que repongas la tarea con la que no cumpliste al ausentarte con autorización.** Luego de ausentarte de la escuela por un largo tiempo, se te debe otorgar una cantidad razonable de tiempo para realizar la tarea que no has completado, los exámenes que no has tomado o la demás tarea, o bien tienes el derecho de que se te provea tarea equivalente razonable. Una vez que cumples con la tarea satisfactoriamente se te deben otorgar la misma calificación que hubieras obtenido si no te hubieras tenido que ausentar. Lo ideal es que planees con anticipación, cuando fuera posible, con respecto a las ausencias y la tarea que no has completado. Haz los arreglos necesarios lo antes posible con el personal de la escuela y guarda toda la tarea escrita.
9. **Consigue la información y el apoyo que necesitas para permanecer en la escuela y poder graduarte.** Tu asesor académico, la enfermera, el asesor de PSA y el personal de la escuela te pueden proporcionar la información y el apoyo necesario para ayudarte a continuar con tu formación educativa. Ellos tienen información sobre los servicios sociales, incluso sobre la Vida de Familia de los Adolescentes (*Altamed Youth Services, El Nido Family Centers, Proyect NATEEN y el Centro para los Jóvenes y las Familias*) y los Programas *Cal-Learn* que se han creado para ayudar a las adolescentes embarazadas y a los alumnos adolescentes que son padres de familia. También te puedes comunicar con el Programa para Padres Adolescentes del LAUSD si deseas información sobre los programas de la comunidad y del Distrito Escolar al llamar al (213) 763-7430.
10. **Tienes el derecho de recibir ayuda si sientes que se te ha tratado injustamente debido a tu embarazo o al hecho de que eres padre de familia.** Lo primero que debes hacer es presentarle tu inquietud al administrador del plantel educativo o al Administrador de las Denuncias del Título IX de tu plantel educativo. Si luego de hacer esto el problema no se soluciona, puede hablar con el Administrador de las Quejas del Título IX de la Oficina de tu Distrito Escolar Local o presentarle tu queja por escrito. También puedes llamar a la Oficina Encargada de la Equidad Educativa al (213) 241-7682 si deseas más ayuda. Tu queja se debe procesar oportunamente y se debe respetar tu derecho de confidencialidad. Nadie debería amenazarte debido a que presentas una queja.



**2004-2005 LOS ANGELES UNIFIED SCHOOL DISTRICT  
Voluntary Educational Programs and Options for Pregnant and Parenting Students**

**Teen Parent Programs**

744 West 17th Street, Bungalow C  
Los Angeles, CA 90015  
Phone: (213) 763-7430 Fax: (213) 763-8393

**McAlister and Riley Voluntary School Programs  
For Pregnant Students:**

*These school programs are open year round on a continuous enrollment basis for students in grades 6-12. Please contact the schools directly for brochures and enrollment information.*

**McAlister High School (Grades 6-12)**

**(Five LAUSD District Locations)**

**Maxcine Donadelle, Principal (Admin. Office)**

611 S. Carondelet Ave. - Los Angeles, CA 90057  
Phone: 213-381-2823 Fax: 213-384-8947

**McAlister Central Branch (District 4)**

7325 W. Glassell St.- Los Angeles, CA 90026  
Phone: 213-389-6120 Fax: 213-384-7192

**McAlister Reseda Branch (District 1)**

7325 Calvin Ave. - Reseda, CA 91335  
Phone: 818-886-2573 Fax: 818-885-1596

**McAlister San Fernando Branch (District 2)**

(On the campus of San Fernando High School)  
11011 O'Melvany Ave. - San Fernando, CA 91340  
Phone: 818-365-0731 Fax: 818-365-3317  
(Childcare Center on San Fernando Campus—YWCA)

**McAlister Southwest Branch (District 3)**

4525 W. Pinafore St. - Los Angeles, CA 90008  
Phone: 323-293-5992 – FAX: 323-290-1427

**McAlister Westside Campus (District 3)**

(Adjacent to Webster Middle School)  
11330 W. Graham Place – W. Los Angeles 90064  
Phone: 310-231-9190 or 310-473-4072

**Riley High School (Grades 6-12)**

**(Three LAUSD District Locations)**

**Sandra Bridges, Principal**

**Blanding Branch (District 7)**

1524 East 103rd St. - Los Angeles, CA 90002  
Phone: 323-563-6692 Fax: 323-566-6379

**Riley Eastside Branch (District 5)**

(On the campus of Wilson High School)  
4502 Multnomah St. - Los Angeles, CA 90032  
Phone: 323-222-9797 Fax: 323-223-8562

**Riley Gardena Branch (District 8)**

1618 West 184th St. - Gardena, CA 90248  
Phone: 310-324-8942 Fax: 310-217-9255

**Ramona High School (Grades 7-12)**

**Sherry Breskin, Principal (District 5)**

231 S. Alma Ave. – Los Angeles, CA 90063  
Phone: 323-263-7429 Fax: 323-262-3249  
An all girls' opportunity/community day school with  
Cal-SAFE teen parent support/Infant Center on site

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**SCHOOLS WITH INFANT CENTERS OR CHILDCARE ON CAMPUS**

Please contact school/center sites for additional opening, enrollment and program information.  
Childcare is generally available to children of enrolled students on a first-come, first-served basis.

**Cleveland High School (District 1)**

8140 Vanalden Ave. – Reseda, CA 91335  
Phone: 818-349-8410 Fax: 818-727-0964  
Sr. High School, with Cal-SAFE Teen Parent  
Support & Infant/Toddler Early Ed Center  
(Early Childhood Education Division)

**Jordan High School (District 7)**

2265 East 103rd St. - Los Angeles, CA 90002  
Phone: 323-567-0531 Fax: 323-249-4709  
Sr. High School, with Cal-Safe Teen Parent  
Support & Infant/Toddler Early Ed Center  
(Early Childhood Education Division) cont'd . .



LOS ANGELES UNIFIED SCHOOL DISTRICT  
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**Locke High School (District 7)**

325 East 111th St. - Los Angeles, CA 90061  
Phone: 323-757-9381 Fax: 323-779-1322  
Sr. High School, with Cal-SAFE Teen Parent Support & Infant Center on campus (Early Childhood Education Division)

**Ramona High School (Grades 7-12)**

231 S. Alma Ave. – Los Angeles, CA 90063  
Phone: 323-263-7429 Fax: 323-262-3249  
An all girls' opportunity/community day school, with Cal-SAFE Teen Parent Support/Infant Center (Early Childhood Education Division)

**San Fernando High School (District 2)**

11333 O'Melvany Ave. - San Fernando, CA 91340  
Phone: 818-365-1121 Fax: 818-365-7255  
High School, with Childcare Center on campus for children of students (YWCA)

**McAlister Southwest Campus (District 3)**

4525 West Pinafore St. - Los Angeles, CA 90008  
Phone: 323-293-5992 Fax: 323-290-1427  
Pregnant Minor Program offering child care for infants/toddlers of enrolled students (Children's Collective)

**Roosevelt High School (District 5)**

456 S. Matthews St. – Los Angeles, CA 90033  
Phone: 323-268-7241 Fax: 323-269-5473  
Sr. High School, with Cal-SAFE Teen Parent Support/Infant Center (Early Childhood Education Division)

**YOU Alternative High School (District 7)**

915 W. Manchester Ave. - Los Angeles, CA 90044  
Phone: 323-789-4731 Fax: 323-778-4612  
Alternative Education Program for students ages 14-21. Childcare Center adjacent to campus (Children's Collective)

**OTHER EDUCATIONAL OPTIONS AND RESOURCES**

- Contact the **Educational Options Program at 213-241-4586** for information about additional LAUSD alternative education programs that may assist students who work or have limited childcare, are missing school credits, or are returning to school after dropping out.
- Contact the **City of Angels School at 213-745-1100** for information about District Independent Study Programs and locations.
- Other District school sites may have support groups, case management programs, and other support or referral services to assist teen parents (male and female) and pregnant students. Check with school nurses, PSA counselors, other school counselors, Healthy Start, School-Based Clinic staff, Dropout Prevention Coordinators, and other support staff for additional information.
- Contact the **Alternative Education and Work Center (AEWC) Program at 213-241-3154** for information about their dropout recovery program for high school students. These programs are primarily located on LAUSD Community Adult School, Occupational Center and Skills Center campuses throughout the District. Community Adult School campuses may offer an alternative for older students who are working or have limited childcare. Contact **213-62-LEARN or 213-625-3276** for information about **Division of Adult and Career Education Programs**.
- Information about **Child Care Resource and Referral Services** in the community may be obtained by calling **Child Care Connections at 800-543-7793**.

**Please note: Pregnant/parenting students have the same right to an education as other students and the same responsibility to attend school. They have the right to stay in their current school and cannot be excluded from any school program for which they qualify. Specialized programs serving pregnant/parenting students are available to those students as a voluntary option.**

**For assistance with concerns regarding discrimination against or harassment of pregnant/parenting students, contact the Educational Equity Compliance Office at 213-241-7682.**



**COMMUNITY CASE MANAGEMENT PROGRAMS  
SERVING PREGNANT/PARENTING TEENS  
ADOLESCENT FAMILY LIFE PROGRAM (AFLP) AND CAL-LEARN PROGRAM**

The Adolescent Family Life Program (AFLP) (administered by the California Department of Health Services) and the Cal-Learn Program (administered by the California Department of Public Social Services) provide case management, support services, and health/social services referrals to pregnant and parenting teens. Eligible teens are assigned by zip code to the agency serving their area. Three AFLP/Cal-Learn provider agencies serve the LAUSD school area including: Altamed Youth Services, El Nido Family Centers, and Project NATEEN. A fourth AFLP, sponsored by Foothill Family Service, covers Pasadena and the San Gabriel/Pomona Valley areas. Both the Adolescent Family Life and Cal-Learn Programs support the school participation and educational success of pregnant and parenting teens.

**The Adolescent Family Life Program**

The AFLP is a free voluntary program that serves teen parents and pregnant teens, including undocumented youth and youth in foster care. Many AFLP have support groups and/or services specially designed to assist teen fathers. Program goals include the birth of healthy full-term babies, enhancing parenting skills, facilitating parent/family relationships, assessing living situations, providing referrals to health and social services, and the prevention of future early-age pregnancies.

**The Cal-Learn Program Serving Teens in Families Receiving or Eligible for Public Assistance**

The same agencies listed above provide Cal-Learn Program services for teens that are pregnant or parenting and are eligible for public assistance. The Cal-Learn Program is mandatory for eligible teens and includes all of the case management, support and referral services provided by the AFLP. In addition, Cal-Learn provides financial assistance with childcare costs, ancillary school-related costs such as books and transportation, and financial bonuses or sanctions tied to school attendance and progress.

**Agency Contact Numbers for Additional Information:**

Altamed Youth Services (East Los Angeles): 323-307-0160  
Altamed Youth Services (Long Beach): 310-632-0415  
El Nido Family Centers (Central/S. Central): 323-971-7360 or 323-971-4270  
El Nido Family Centers (Carson): 310-768-8030  
El Nido Family Centers (Valley/Pacoima): 818-896-7776 or (Mission Hills): 818-830-3646  
Project NATEEN (Hollywood): 323-669-5981  
Foothill Family Service (Pasadena): 626- 564-1613

For additional information about the AFLP and Cal Learn Program, contact the Teen Parent Program at 213-763-7430, or check the Teen Parent Program, Educational Equity Compliance Office website: <http://www/lausd/k12.ca.us/office/eec>.



**COUNTY OF LOS ANGELES DEPARTMENT OF HEALTH SERVICES  
NURSE FAMILY PARTNERSHIP PROGRAM  
AND PRENATAL CARE GUIDANCE PROGRAM**

The County of Los Angeles Department of Health Services has two programs that provide assistance to pregnant women, pregnant teenagers, and their babies. These programs are free to residents of Los Angeles County, and the programs are voluntary and confidential.

**Nurse Family Partnership Program**

The Nurse Family Partnership Program is a nurse home visitation program for first-time mothers who are less than 28 weeks gestation (7 months' pregnant). Nurse Family Partnership is a comprehensive program, that improves pregnancy outcomes, child health and development, and the families' self-sufficiency. Public Health Nurses provide education, support, and linkage to services in the community during home visits that are on a biweekly, weekly, or monthly basis. The visits are in the home or a place that is agreeable to both nurse and client. Services continue until the child is two years of age. The undocumented status of any client is not a problem; nor does using pregnant services affect the client's citizenship status.

For more information or if you have questions, please contact: Leslie Edwards at 213-639-6434.

**Prenatal Care Guidance Program**

The Prenatal Care Guidance Program is a nurse home visitation program for high risk pregnant women and teenagers. Public Health Nurses provide education and support, as well as refer clients to community resources. These services are available to residents of Los Angeles County who may have high-risk conditions. The frequency of the home visits are monthly and as needed. The services continue until the child is one year of age.

For more information or if you have questions, please contact: Gail Coty at 213-639-6433.